

## **Our purpose:**

We aim to facilitate the preservation, protection, promotion and advancement of the mental health, physical health, and social welfare of the LGBT+ community in the Highlands by:

1. Facilitating social events to help address social and geographical isolation faced by the LGBT+ community.

### **How we do this:**

We organise and promote our own annual Pride event in the Highlands, and support others in our neighbouring areas. We also organise, promote, and support other individuals and organisations with social events and activities in-person and online throughout the calendar year.

2. Providing signposting for advice and support for the LGBT+ community available locally and nationally (e.g., information on health and other services) and provide a link with agencies working on LGBT+ issues and initiatives.

### **How we do this:**

Our website includes a 'useful contacts' section which we regularly update, we also encourage people to contact us via email, engage with us through our social media channels and our private Facebook group, and we regularly organise online and in-person meetings. We also aim to send out regular newsletters to our mailing list subscribers. (Sign up to our mailing list: <https://tinyurl.com/SubscribeHP>).

3. Promoting fair and equal treatment for the LGBT+ community by challenging the stigma, discrimination, and anti-LGBT+ attitudes and behaviours experienced at both a community and a personal level, either indirectly or directly.

### **How we do this:**

We do this by attending networking events and attending the meetings of other LGBT+ organisations and local organisations such as Police Scotland, Waverley Care, Highland Council, and NHS Highland. In addition, the very existence and active presence of Highland Pride as an LGBT+ charity in the Highlands can have an impact in its own right.